<table>
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<tr>
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<th>Website/Contact Information</th>
<th>Services</th>
<th>Specialized Populations</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Shahrzad Arasteh</strong>&lt;br&gt;MA, GCDF, CPRW, MBTI Certified&lt;br&gt;Career Consulting Services&lt;br&gt;*I help you find and share your story, to nourish your career and life&lt;br&gt;Fee: C</td>
<td><a href="http://www.careerconsultmd.com">www.careerconsultmd.com</a>&lt;br&gt;<a href="mailto:Shahrzad@careerconsultmd.com">Shahrzad@careerconsultmd.com</a>&lt;br&gt;410-271-5815&lt;br&gt;Edgewater, MD</td>
<td>• Career Coaching/Counseling&lt;br&gt;• Career Assessments&lt;br&gt;• Career Transition&lt;br&gt;• Resume/Cover Letter Assistance&lt;br&gt;• Job Search&lt;br&gt;• Networking&lt;br&gt;• LinkedIn/Social Media&lt;br&gt;• Interviewing Skills&lt;br&gt;+ Virtual services available</td>
<td>• Women&lt;br&gt;• International&lt;br&gt;• Individuals with a social good focus&lt;br&gt;• International Development professionals</td>
</tr>
<tr>
<td><strong>Paula Brand</strong>&lt;br&gt;CPRW, GCDF, JCTC&lt;br&gt;Brand Career Management&lt;br&gt;*Specialized focus on helping mid-career women effectively manage their careers.&lt;br&gt;Fee: C</td>
<td><a href="http://www.paulabrand.com">www.paulabrand.com</a>&lt;br&gt;<a href="mailto:paula@paulabrand.com">paula@paulabrand.com</a>&lt;br&gt;443-254-8173&lt;br&gt;Annapolis, MD</td>
<td>• Career Coaching/Counseling&lt;br&gt;• Career Assessments&lt;br&gt;• Career Transition&lt;br&gt;• Job Search&lt;br&gt;• Networking&lt;br&gt;• LinkedIn/Social Media&lt;br&gt;• Interviewing Skills&lt;br&gt;+ Virtual services available</td>
<td>• Women&lt;br&gt;• International</td>
</tr>
<tr>
<td><strong>Terry DellaVecchia</strong>&lt;br&gt;CPC, ACC, Energy Leadership Master Practitioner&lt;br&gt;Thrive Life Coaching, Inc.&lt;br&gt;<em>My goal is to create positive change with my clients whether it’s a career change or a life change, we work together towards a desired result.&lt;br&gt;Fee: $$</em>*</td>
<td><a href="http://www.thrivelifecoaching.net">www.thrivelifecoaching.net</a>&lt;br&gt;<a href="mailto:terry@thrivelifecoaching.net">terry@thrivelifecoaching.net</a>&lt;br&gt;410-804-1954&lt;br&gt;Timonium, MD</td>
<td>• Career Coaching/Counseling&lt;br&gt;• Resume/Cover Letter Assistance&lt;br&gt;• LinkedIn/Social Media&lt;br&gt;• Interviewing Skills&lt;br&gt;+ Virtual services available</td>
<td>• LGBTQIA&lt;br&gt;• Women&lt;br&gt;• International</td>
</tr>
</tbody>
</table>
| Marge Everett | www.ssc-coaching.net  
marge.everett@gmail.com  
410-218-2821  
Baltimore, MD | • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Resume/Cover Letter Assistance  
• Networking  
• LinkedIn/Social Media  
• Interviewing Skills  
+ Virtual services available | • Women |
|----------------|---------------------------------------------------------------|----------------|
| Janice Herold | www.janiceherold.com  
janice@janiceherold.com  
301-654-1583 option 1  
4905 Del Ray Ave.  
Suite 508  
Bethesda, MD 20814 | • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Resume/Cover Letter Assistance  
• Job Search  
• Networking  
• Interviewing Skills | |
| Natalie Kauffman | https://www.linkedin.com/in/natalie-kauffman-m-s-ncda-certified-career-counselor%E2%84%A2-ncc-nccc-gcdf-i-38a2484/  
KauffmanNcareers@aol.com  
410-823-1218  
954 Ellendale Drive  
Towson, MD 21286 | • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Resume/Cover Letter Assistance  
• Job Search  
• Federal Job Search  
• Networking  
• LinkedIn/Social Media  
• Interviewing Skills  
+ Virtual services available | • Military & Veteran  
• Individuals with disabilities or special needs  
• Individuals on the Autism spectrum  
• LGBTQIA  
• Women  
• International  
• All ages |
| **Lex Levin**  
Certified Federal Resume Writer,  
Certified Social Branding Analyst  
Lex Levin, LLC  
*Career and brand management documents for job seekers.*  
Fee: C** | www.LexLevinLLC.com  
lex@lexlevinllc.com  
410-530-2750  
Ellicott City, MD | • Career Coaching/Counseling  
• Career Transition  
• Resume/Cover Letter Assistance  
• Job Search, Federal Job Search  
• LinkedIn/Social Media  
• Interviewing Skills  
+ Virtual services available  
• Military & Veteran  
• Individuals with disabilities or special needs |  |
| **Ralph Raphael, Ph.D.**  
Licensed Psychologist, Ph.D.PA  
Fee: $$$ | www.ralphraphael.com  
rdr@ralphraphael.com  
410-825-0042  
21 West Road  
Suite 150  
Towson, MD 21204 | • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Resume/Cover Letter Assistance  
• Job Search  
• Networking  
• Interviewing Skills  
|  |
| **Lee Richmond, Ph.D.**  
Licensed Psychologist, NCC, NCCC, GCDF  
PsyCoun Consultants, LLC  
*Career development and personality-theory based assessment*  
Fee: C** | www.psycoun.com/page-18084  
ljr8907@gmail.com  
410-363-1694  
8907 Greylock Road  
Pikesville, MD 21208 | • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Interviewing Skills  
• Spirituality and Career  
• Psychotherapy  
+ Virtual services available  
• LGBTQIA  
• Women  
• Ageing |  |
| **Ebony Tara Scurry**  
GCDF-I, SPHR  
Eidolon Career Solutions  
*Looking for a high quality and meaningful career coaching session? You’ll leave the session with specific next steps to take so you can continue to move forward in a direction that’s meaningful to you.*  
Fee: C** | eidoloncs.com/#individual  
EidolonCS1@gmail.com  
301-404-7459  
Silver Spring, MD | • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Resume/Cover Letter Assistance  
• Job Search  
• Federal Job Search  
• Networking  
• LinkedIn/Social Media  
• Interviewing Skills  
+ Virtual services available  
• LGBTQIA |  |

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* indicates UMBC student discount, ** indicates UMBC student and alumni discount
<table>
<thead>
<tr>
<th><strong>Karol Taylor</strong></th>
<th><a href="http://www.linkedin.com/in/tayloryourcareer">www.linkedin.com/in/tayloryourcareer</a></th>
<th>• Federal Job Search + Virtual services available</th>
</tr>
</thead>
<tbody>
<tr>
<td>GCDFI, CCMC, JCTC, MCC, CBBCS</td>
<td><a href="mailto:karoltaylor@verizon.net">karoltaylor@verizon.net</a></td>
<td></td>
</tr>
<tr>
<td><em>The What Color is Your Parachute of the federal job search</em> Fee: C</td>
<td>240-447-2923</td>
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<td></td>
<td>Hyattsville, MD</td>
<td></td>
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</tbody>
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<tr>
<th><strong>Kathryn Troutman</strong></th>
<th><a href="http://www.resume-place.com">www.resume-place.com</a></th>
<th>• Career Coaching/Counseling • Resume/Cover Letter Assistance • Federal Job Search + Virtual services available</th>
</tr>
</thead>
<tbody>
<tr>
<td>CFCC, CFJST</td>
<td><a href="mailto:kathryn@resume-place.com">kathryn@resume-place.com</a></td>
<td></td>
</tr>
<tr>
<td>The Resume Place, Inc. Federal Career Coaching Specialization - Do you want a Federal Career? Pathways Internship? We can advise you with federal jobs. Fee: $$</td>
<td>410-744-4324</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1012 Edmondson Ave. Catonsville, MD</td>
<td></td>
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<tr>
<th><strong>Meredith Tseu</strong></th>
<th><a href="http://www.mltcareers.com">www.mltcareers.com</a></th>
<th>• Career Coaching/Counseling • Career Assessments • Career Transition • Resume/Cover Letter Assistance • Job Search, Networking • LinkedIn/Social Media • Interviewing Skills + Virtual services available</th>
</tr>
</thead>
<tbody>
<tr>
<td>GCDF</td>
<td><a href="mailto:meredith@mltcareers.com">meredith@mltcareers.com</a></td>
<td></td>
</tr>
<tr>
<td>MLT Career Services LLC</td>
<td></td>
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</tr>
<tr>
<td><em>I help workers find better jobs and careers when they feel unsure about their next move or stuck in the process of making a career or job change.</em> Fee: $</td>
<td>240-277-6224</td>
<td></td>
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<td></td>
<td>Ellicott City, MD</td>
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<tr>
<th><strong>Malka Weintraub</strong></th>
<th><a href="http://www.careerawakenings.com">www.careerawakenings.com</a></th>
<th>• Career Coaching/Counseling • Career Assessments • Career Transition • Job Search • Networking • LinkedIn/Social Media • Interviewing Skills + Virtual services available</th>
</tr>
</thead>
<tbody>
<tr>
<td>NCC, CRC, LCPC, CDF INSTRUCTOR</td>
<td><a href="mailto:Malka@careerawakenings.com">Malka@careerawakenings.com</a></td>
<td></td>
</tr>
<tr>
<td>Career Awakenings</td>
<td>410-358-0777</td>
<td></td>
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<tr>
<td></td>
<td>6317 Wallis Ave. Baltimore, MD 21215</td>
<td></td>
</tr>
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| **Berri Wells**  
CPC  
Turning Point Solutions  
* I help professionals to either move up or to move on by way of assessments, coaching and training.  
Fee: C** | | | |  
| | www.turningpointsolutions.net  
berriw@turningpointsolutions.net  
301-905-7160  
Elkridge, MD | | • Career Coaching/Counseling  
• Career Transition  
• Resume/Cover Letter Assistance  
• Job Search  
• Federal Job Search  
• Networking  
• LinkedIn/Social Media  
• Interviewing Skills  
• Free Career Transition Conference – Coaches Corner (see website for details)  
+ Virtual services available | | • Women  

| **Beth Wells**  
M.A., NBCC, CPC, BCC Personal Coach  
* Give yourself the gift of your life  
Fee: $* | | | |  
| | www.wellscoach.com  
Beth@wellscoach.com  
410-274-8660  
Cockeysville, MD | | • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Resume/Cover Letter Assistance  
• Job Search  
• Networking  
• Interviewing Skills  
• Women  
• All ages |
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<tbody>
<tr>
<td><strong>Corliss Jackson</strong></td>
<td><a href="http://www.FedJobResults.com">www.FedJobResults.com</a></td>
<td>• Career Coaching/Counseling</td>
<td>• Military &amp; Veteran</td>
</tr>
<tr>
<td>Certified Federal Career Strategist</td>
<td><a href="mailto:corliss@fedjobresults.com">corliss@fedjobresults.com</a></td>
<td>• Career Assessments</td>
<td></td>
</tr>
<tr>
<td>Federal Job Results</td>
<td>703-509-8677</td>
<td>• Career Transition</td>
<td>• Individuals with disabilities or special needs</td>
</tr>
<tr>
<td><em>Federal Job Results is committed to providing the most knowledgeable, experience-based, and results-driven guidance through the entire Federal and Federal Contractor application process.</em></td>
<td>42268 Providence Ridge Dr. Chantilly, VA 20152</td>
<td>• Resume/Cover Letter Assistance</td>
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<tr>
<td>Fee: C</td>
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<td>• Job Search</td>
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<td>• Federal Job Search</td>
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<td>• Networking</td>
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<td>• LinkedIn/Social Media</td>
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<td>• Interviewing Skills</td>
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<tr>
<td></td>
<td></td>
<td>+ Virtual services available</td>
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<tr>
<td><strong>Kate O'Sullivan</strong></td>
<td><a href="http://www.kocoaching.com">www.kocoaching.com</a></td>
<td>• Career Coaching/Counseling</td>
<td>• Women</td>
</tr>
<tr>
<td>CPRW, CEIP</td>
<td><a href="mailto:kate@kocoaching.com">kate@kocoaching.com</a></td>
<td>• Career Transition</td>
<td></td>
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<tr>
<td>KO Coaching</td>
<td>917-428-4980</td>
<td>• Resume/Cover Letter Assistance</td>
<td></td>
</tr>
<tr>
<td><em>Focus on helping people identify ideal career path and create a concrete plan and timeline for career transition.</em></td>
<td>Washington, DC</td>
<td>• LinkedIn/Social Media</td>
<td></td>
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<tr>
<td>Fee: $$$</td>
<td></td>
<td>• Interviewing Skills</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>+ Virtual services available</td>
<td></td>
</tr>
<tr>
<td><strong>Dana Pauli</strong></td>
<td><a href="mailto:drpauli@aol.com">drpauli@aol.com</a></td>
<td>• Career Coaching/Counseling</td>
<td>• International</td>
</tr>
<tr>
<td>NCC (Board Certified), Certified Career Counselor</td>
<td>301-681-3740</td>
<td>• Career Assessments</td>
<td></td>
</tr>
<tr>
<td><em>Be proactive in planning your future.</em></td>
<td>10301 Brookmoor Drive</td>
<td>• Career Transition</td>
<td></td>
</tr>
<tr>
<td>Fee: $</td>
<td>Silver Spring, MD 20901</td>
<td>• Resume/Cover Letter Assistance</td>
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<td>• Job Search</td>
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<td>• Networking</td>
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<td>• Interviewing Skills</td>
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| **Sabira Vohra**  
Masters Psychology; GCDF; CCSP; CMCS; MBTI  
Career Infusion  
*I provide intuitive holistic customized services for individuals to help realize and reach your career goals.*  
Fee: $$** |  
|---|---|---|---|---|
| www.career-infusion.com  
sabira@career-infusion.com  
240-476-2096  
MD/DC/VA |  
| • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Resume/Cover Letter Assistance  
• Job Search  
• Federal Job Search  
• Networking  
• LinkedIn/Social Media  
• Interviewing Skills  
• Career Management  
+ Virtual services available |  
|  
| www.DCLifeConsultant.com  
Jim@DCLifeConsultant.com  
202-667-0665  
1633 Q Street NW  
Suite 200  
Washington, DC 20009 |  
| • Career Coaching/Counseling  
• Career Transition  
• Resume & Cover Letter Assistance  
• Job Search  
• Networking  
• LinkedIn/Social Media  
• Interviewing Skills  
+ Virtual services available |  
|  
|  
| • Women  
• International  
|  

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# Virtual Service Providers

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<th>Specialized Populations</th>
</tr>
</thead>
</table>
| **Michelle Carroll**    | [www.carrollcareers.com](http://www.carrollcareers.com)  
michelle@carrollcareers.com  
410-971-1643  
Sebring, FL | • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Resume/Cover Letter Assistance  
• Job Search  
• Federal Job Search  
• Networking  
• LinkedIn/Social Media  
• Interviewing Skills | • Military & Veteran  
• Women  
• International |
| **Mary Miller**         | [www.avibrantpath.com](http://www.avibrantpath.com)  
coachmary@avibrantpath.com  
434-242-7181  
Shelton, WA | • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Resume/Cover Letter Assistance  
• Interviewing Skills | |
| **Cheryl Palmer**       | [www.calltocareer.com](http://www.calltocareer.com)  
cheryl.palmer@calltocareer.com  
877-743-9521  
Fayetteville, GA | • Career Coaching/Counseling  
• Career Assessments  
• Career Transition  
• Resume/Cover Letter Assistance  
• Job Search  
• Federal Job Search  
• Networking  
• LinkedIn/Social Media  
• Interviewing Skills | • Military & Veteran  
• Women |

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### Government Resources

**MD Workforce Exchange One Stop Job Board:** [mwejobs.maryland.gov/vosnet/Default.aspx](http://mwejobs.maryland.gov/vosnet/Default.aspx)  
**MD American Job Centers – Workforce Development & Adult Learning:** [www.dllr.state.md.us/county](http://www.dllr.state.md.us/county)

<table>
<thead>
<tr>
<th>County</th>
<th>Websites</th>
<th>Services</th>
<th>Fee</th>
</tr>
</thead>
</table>
| Anne Arundel County  | AA County Workforce Development: [www.aawdc.org](http://www.aawdc.org)   | Available in All Counties  
  • Career exploration  
  • Dislocated worker services  
  • Job search resources  
  • Training program referrals  
  • Resume assistance  
  • Skills workshops  
  • Veterans support  
  • Bilingual services | NF |
| Baltimore City       | Mayor’s Office of Employment Development: [moed.baltimorecity.gov](http://moed.baltimorecity.gov) |                                                                 |       |
| Carroll County       | Business/Employment Resource Center: [carrollworks.com](http://carrollworks.com) |                                                                 |       |
| Howard County        | Howard County Workforce Development: [www.howardcountymd.gov/Departments/County-Administration/Workforce-Development](http://www.howardcountymd.gov/Departments/County-Administration/Workforce-Development) |                                                                 |       |
| Montgomery County    | WorkSource Montgomery: [worksourcemontgomery.com](http://worksourcemontgomery.com) |                                                                 |       |
| Prince George’s County | Employ Price George’s: [www.employpg.com](http://www.employpg.com)  
  Professional Outplacement Assistance Center: [www.dllr.state.md.us/poac](http://www.dllr.state.md.us/poac) |                                                                 |       |

**Disclaimer:** UMBC Career Center provides this referral list as an informational resource. UMBC Career Center does not pre-screen or otherwise pre-qualify any of the practitioners or agencies herein in any manner, shape, or form. It is your responsibility to evaluate and qualify these practitioners or agencies as you see fit and as appropriate for your intended use. UMBC makes no warranties regarding the practitioners or agencies included in this referral list or in the results of utilizing the services of these practitioners or agencies. Persons using the resources provided in this referral list should use caution and discretion before sharing any personal information. Your use of this list expressly acknowledges and affirms that you assume all risks and responsibilities that arise as a consequence of your use of the list. You, further, release, waive, and covenant not to sue UMBC from and against any liability arising therefrom.

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